

Meeting Thursday October 25, 2018

October 25, 7-9pm

BACI Still Creek Centre

2702 Norland Avenue, 2nd floor education room

Free Parking at Centre, Bus stop out front



“Mental Health Supports for Success at Work”

Guest speaker: Dr. David Worling, Registered Psychologist, Founder of West Coast Child Development, and the Spectrum Works Consulting Group, formed to help support adolescents and adults on the Autism Spectrum with co-occurring mental health conditions.

Dr. Worling will give us some of the statistics on employment for Autism Spectrum Disorder (ASD) adults. He will present the barriers to employment that ASD individuals face – the challenges that arise from within themselves, and those that are due to the workplace environment. He will present the incidence and type of mental health conditions that co-exist with ASD, and the impact of these on an individual’s ability to function at work or school.

Through discussion in our meeting we will explore some paths to alleviate the suffering and dysfunction caused by these mental health conditions. Which treatments, therapies, and training are effective? How can families support treatments and behavior change? How can we in the ASD community promote a world view that holds that we are all on a Spectrum, all neuro-diverse, thereby reducing the stress and onus on us to “fit in” to a narrowly defined neuro-typical environment?

The goal of this meeting is to acknowledge the impact of co-existing mental health conditions and to propose some ways to manage these conditions to enable our ASD individuals to not only function, but to succeed in their work and studies.

RSVP: joetteheuft@gmail.com