

Confident Conversations– A Zoom Workshop

Social Understanding & Practice through Drama



This program is for any adult motivated to become more effective in their social interactions, and to become happier and more comfortable with being with others.

Workshop Goals & Structure: Eight sessions, for 10 participants, hosted by Behavioral Analyst, **Crystal Lee Clark**, and Actor/Educator, **Laura Drummond**. Each session will include warm-up activities, a specific concept and targeted goals, and fun skill building exercises to support the concept.

Sessions 1-4 are aimed at improving understanding of why effective social conversation is important, how a conversation works, and how to create opportunities for conversations. **Sessions 5-8** will explore why social memory is important, will provide concrete skills for thinking and responding on the spot, and how to add and accept ideas to conversations. Finally, we will practice listening and taking in information in order to build comfort and confidence in social situations.

Start Date: Thursday, May 6th, 2021, 7:15-9pm PST

Cost: \$20/session x 8 = \$160.00 CAD

Register: [Please click here](#)

