## Happy Holidays from all of us at Square Peg Society!

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As 2022 draws to a close, I want to offer my holiday wishes and reflect on what we have done together over this past year. I continue to be inspired by the support and generosity of our community and find myself feeling proud and humbled by the incredible things we have accomplished for the individuals we support.

Covid continues to alter how we live & work - With a mindset of how we could better serve our ASD adults and their families, we, at SPS, came together to discover and react to the changed environment & expectations. We have improved our website, making it easier to access information on upcoming meetings and events, and to find links, by subject, to past events. We can now successfully manage and support event registration, and communicate with event attendees. Our YouTube channel has helped us reach even more people and our increased social media presence has allowed us to build awareness of what we do, and to better connect with our autistic community. To view our meetings visit us on YouTube.

Due to ongoing COVID concerns, and for ease of access, most of our interactions will continue to be online, via our website, email and our social/conversation groups. We feel that these events, despite being virtual, do build community connection, and foster, in our participants, confidence, self-esteem, and emotional resilience.

A heartfelt appreciation to Mahmoud for his ongoing technical expertise, and to Dorian for coming on-board to manage our social media accounts. Thanks also to Julia & Aaron for their skillful hosting of our thought-provoking SPS meetings. Casey, Aaron, and Dorian – your Movie Night movie choices and discussion questions were wide-ranging, interesting and fun! Julia and Francine thanks for creating an "open heart and mind" atmosphere in your Conversation Groups, and to Fred and Louvain for their valuable input to our Board. I would also like to welcome Cheryse and Sara, as new hosts – check our website for upcoming events!

COMING IN JANUARY: We are also excited to announce the launch of SPS's LifeMap (Life Management Assistance Program). This is an intensive, practical and highly individualized life coaching program for adults with Asperger profiles. For details about Life Map, contact: joette@squarepegsociety.ca.

For info about upcoming & past meetings & events click <u>here</u>: For details about Life Map or to donate to SPS visit us at <u>www.squarepegsociety.ca</u>

Thank you for your participation and support over the past year. We look forward, with anticipation, to all we can accomplish working together in 2023!

Be well and stay safe.

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**Executive Director** 



**SQUARE PEG SOCIETY** 

Independence & InclusionFor ASD Adults